

Decide which medium you will use

Options for creating the Sleepy Bear Journal Page:

1. In your paper journal, or
2. Cut out the artwork (in the print book version), or
3. Download and print the artwork from our website or Etsy Shop, or
4. Create the artwork on your tablet with the Procreate app.



Supplies

For paper project:

You'll need a paper journal, or a sheet of paper. Tempura or acrylic craft paint. You can draw or paint the design as you like!

For digital art

You'll need:

iPad
iPencil
Procreate app
Bear outline

Create

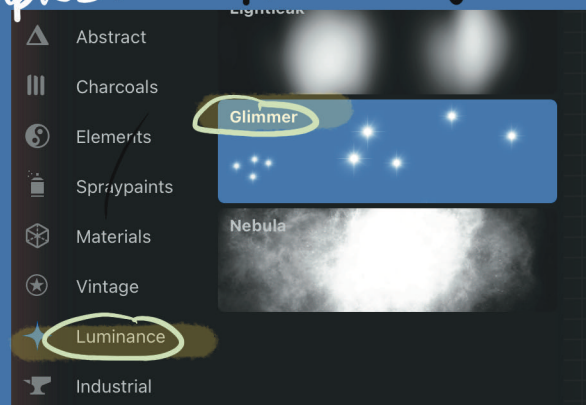
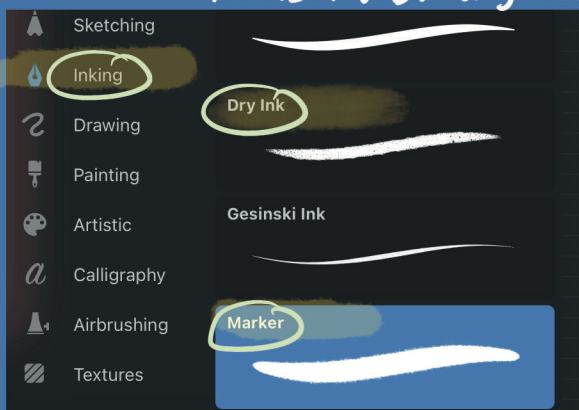
See diagram for order of project artwork.

For digital drawing in Procreate:

1. Choose your canvas size and CMYK color profile for print project.
2. Add first layer for the bear outline.
3. Add color and shading to the bear.
4. Add a pillow on a separate layer under the bear's head.
5. On another layer, create the background night sky. This is done first by using dark blue, then adding white stars on another layer on top of the blue.

When drawing in the Procreate app: we used the marker and dry brush under the inking tab to draw the bear and background. We used the glimmer brush for the stars, found under the Luminance brushes tab. The snow was created with a snow brush purchased on the DesignCuts website. Brush library examples:

If you are painting the artwork in your paper journal, Begin with the blue background and work forward. This is the opposite order of the digital artwork.

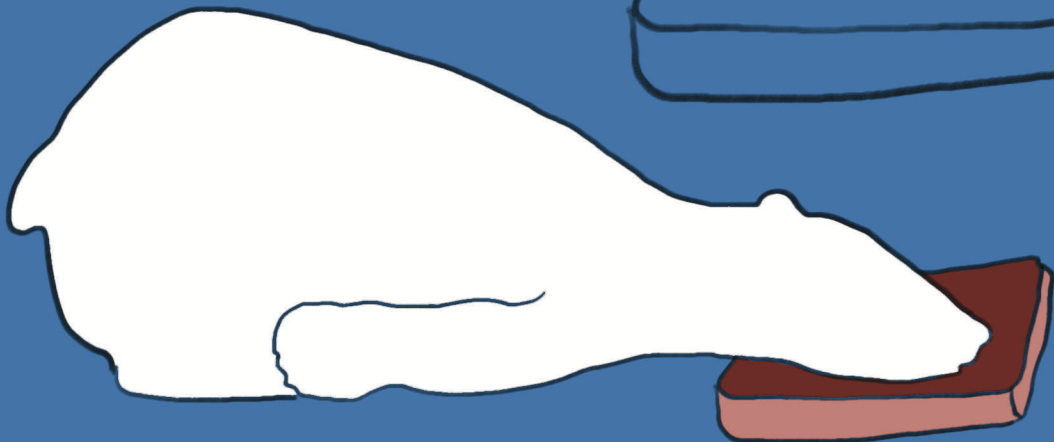


SLEEPY BEAR JOURNAL PAGE

Project 5



1. Trace or download bear and pillow outline.



2. Color

3. Add details and background



4. Fill in the night sky and stars around the sleeping bear. If you want to get fancy, you can add snow and a moon.

Finished project on the next page for you to cut-out for your journal (print book version only). Digital, printable, download available on our website or Etsy shop:

<https://journalworkshop.trade>

<https://www.etsy.com/shop/GreenbellyStudios>





